

## Helinä Hukkataival - Uncomfortable pair

Choose two pairs of your own shoes.

The first is the one you normally wear;

the second pair will have lower or higher heels than the shoes you normally wear.

For example, heels + boots or walking shoes + sandals.

When you arrive at the beginning of the street you will have one pair of shoes on your feet and the other pair in your hands - preferably not in any bag.

Before you start walking along the Nieuwstraat,

change the shoe on one foot for the corresponding shoe you were carrying.

Having unmatching shoes walk halfway down the street or as far as you like.

You then exchange the unmatching shoes you were wearing

for those shoes you are carrying and walk forward to the end of the street, or as far as you like.

You don't necessarily have to walk down the street from start to finish.

Finally, change your shoes back to normal,

sit down and have a cup of coffee or tea and rest your feet.

Thank yourself for a good performance

## Reports:

### Sifra:

I had never been to Nieuwstraat before. I thought, "easy". I'll just pretend it's normal to wear different shoes. I took my first step like a tourist, looking around this new street. Then I thought, "No, wait, I have to concentrate. I'm doing something with a reason".

Then I liked walking with a purpose. It felt like a secret mission. I liked the subtle limp when I walked with a shoe and a slipper.

I chose a busy spot in the market to change shoes. I wanted to give a hint. Why would someone swap one pair of mismatched shoes for another pair of mismatched shoes? That makes no sense. It was only when I went from two identical shoes to one slipper and one shoe that I noticed a man watching what I was doing. I didn't see that other people noticed.

### Jolanda:

High heels and trainers.

High-low, high-low, high-low. It's okay, but uncomfortable. As if my shoes are broken.

Halfway there, I find a chair and change there. The heel on the left side is more difficult.

I can feel the difference in the shoe.

Feminine-easy going, feminine-easy going, feminine-easy going.

People don't seem to notice or they deliberately ignore it. Indifference, like "whatever".

For me the experience of the difference was interesting to notice.