

## Beau Coleman: Time Regained

The performance could be performed in either park close to Nieuwstaat (Kloostertuin, perhaps), or in one of the outdoor cafes on Nieuwstaat.

5 women

-0 min. Performer 1

At the start of the performance, Performer 1 is already seated on a bench in a park or on a chair at an outdoor café, quietly reading a book. If at a café, a coffee is ordered and Performer 1 slips the coffee occasionally throughout the performance.

Performers 2, 3, 4 & 5 do the same during their performances.

-5 min. Performer 1

Performer 1 finds something slightly amusing in the book and laughs softly and continues to read until they find something else slightly amusing (approximately every 30 seconds) – this continues throughout the performance.

-10 min. Performer 1 & 2

Performer 2 enters and joins the performance, sitting on another bench (park) or seat (outdoor café). They too open a book and begin to read. After 1 minute Performer 2 finds something slightly amusing in the book and laughs softly and continues to read until they find something else slightly amusing (approximately every 30 seconds) – this continues through the performance.

-15 min. Performer 1, 2 & 3

Performer 3 enters and joins the performance, sitting on another bench (park) or seat (outdoor café). They too open a book and begin to read. After 1 minute Performer 2 finds something slightly amusing in the book and laughs softly and continues to read until they find something else slightly amusing (approximately every 30 seconds) – this continues through the performance.

-20 min. Performer 1, 2, 3, & 4

Performer 4 enters and joins the performance, sitting on another bench (park) or seat (outdoor café). They too open a book and begin to read. After 1 minute Performer 2 finds something slightly amusing in the book and laughs softly and continues to read until they find something else slightly amusing (approximately every 30 seconds) – this continues through the performance.

-25 min. Performer 1, 2, 3, 4 & 5

Performer 5 enters and joins the performance, sitting on seated on another bench (park) or seat (outdoor café). They too open a book and begin to read. After 1 minute Performer 2 finds something slightly amusing in the book and laughs softly and continues to read until they

find something else slightly amusing (approximately every 30 seconds)  
– this continues through the performance.

-30 min. Performer 1, 2, 3, 4, & 5

All performers close their books. Timing should not be exact, but slightly staggered.

### **Jolanda:**

20 minutes

I was the 4<sup>th</sup> performer in this action.

By entering the space I could not find my fellow readers on the terrace, they sat further than I thought they would sit. When I did it was comforting to see them sitting and reading.

I did not notice much laughter, but after a while I did. First it was a good to look around and relax and then I took the book. I ordered an orange juice. There was a connection in doing something naughty and unusual with the other performers. The book did not want to become funny, so I had to fake the laughing, but doing the action for a longer time it made me see the absurdity and I was finding more moments of fun. The contrast between the book and the action are alienating. And then the action is already finished and the first fellow performers are leaving, but my orange juice is not finished and I still have to pay. So we leave one by one.

### **Yvet:**

It felt a bit awkward because they were all topics I couldn't really laugh about, so I had to find the idea or energy of laughter somewhere else in my system. And this often felt like acting instead of performing, so it gave me an interesting experience of how those two aspects are in me and gave me as a research question how can I do something that feels 'like acting' to me as a performer (...and what are the differences. Could both forms simply have to do with presence, pure presence?).

I noticed that in that research I was trying to connect with my fellow performers, but they were either too far away from me or with their backs turned towards me, so I remained in a kind of isolation. I did feel a connection with a couple sitting at a table next to me, where I had the feeling that they did not consciously realize that I was doing a performance but that they did notice me in some way. So something did

happen. They were also very busy with each other so my laughter didn't seem to stand out or they were deliberately ignoring it.

It was great fun to participate in a group performance. It is special to perform this same, yet very individual, act with them spread over the terrace.

**Malou:**

I was the fifth/last performer. Ordering caused some unease as I felt I didn't have much time.

I read The Tragedy of Antigone by Sophocles. This was anything but funny, but the laughter created such an absurd contrast that it actually became comical.

"Oh no! Have you forgotten sometimes  
sister, how your father met his end,  
abhorred and despised after he himself  
his own misdeeds exposed  
and himself with his own hand  
both eyes gouged out."

The young people on the terrace next to me also laughed regularly, we developed a rhythm with each other. I was sorry I was last, I would have liked to read longer and laugh. Unfortunately I had to drink the coffee too quickly.

Naam performance: Time Regained.

Naam deelnemer: Jolanda Jansen

Tijd: 20 min.

Beschrijving

~~De~~ Mest inhomen maar geleidelijk  
meer ruimte om te griffelen.

Bij het betreden van de ~~p~~actie kon ik  
de groep niet vinden.

Wel connectie met anderen.

~~De~~ Het contrast tussen het boek en de  
situatie werkte verveemderd, maakte  
het absurd.

Voelde behoefte aan langere periode.

Wel bereijderd en rustgevend om  
te doen.

Naam performance: Time Regained

Naam deelnemer: Marian

Tijd: 16.15

#### Beschrijving

ik was de eerste performer, en heb een half uur op het terras gezeten met een boek.

Het voelde erg natuurlijk om te doen, en het was ook erg leuk. Mensen reageerde er niet echt op.

Het leren wordt ook leuker als je steeds lacht.

Naam performance: *Time Regained*

Naam deelnemer: *Malou*

Tijd: *15.30*

### Beschrijving

Ik was de laatste / vijfde performer. Op het begin was ik onrustig omdat ik graag wilde bestellen. Ik las de tragedie van Antigone door Sophocles. Dit was alles behalve grappig, maar hen wel lachen om de absurditeit van het lachen om de volgende zin.

"O nee! Ben je soms verget,  
zins he vader in zijn eind geboren is,  
verabschuld en veracht nadat hij zelf  
zijn eigen wandaden aan het licht gebracht  
had en zelf met zijn eigen hand  
beide ogen uit gestoken."

Haha!

De jongeren op het terras naast mij <sup>lachten</sup> ~~lachten~~ ook regelmatig,  
waardoor we een ritme ontwikkelden met elkaar.

Ik vond het jammer dat ik als laatste ~~aan~~ aansloot op  
het terras, want had graag langer willen lezen en lachen.

De laatste moest ik te snel opdrinken.



Naam performance:

Time regained

Naam deelnemer:

Yvette Teeuwen

Tijd:

+ 20 min

Beschrijving

Group performance (5p.) van Beau Coleman

nb.  
english  
down  
under

Ik grig als derde.

Ik had als boek meegehezen "Griekse mythen" van Robert Graves, van: De Haan.

Wand het lastig om te lachen vanuit een echt gevoel omdat alles heel droog/serius was in het boek maar op zich zaten er ook wel rare symbolen en rare verhalen/wendingen in de mythe-beschrijvingen die ik omzette in een actie van griffleren/en lachen.

~~Wat ik miste was ik had had wat dat ik de andere helden het verhaal niet konde of dat lachen. Ik wilde wel dat de mensen te hebben gehikt omdat ik tegen dat ik mag veranderde.~~

Ik vond deze performance lastiger uitvoeren dan de andere performances. Het laat me daardoor wel zien hoe interessant het is om iets van een andere performer, een actie die niet je voorkeur heeft, uit te voeren. (Het had wel enorm gescheeld als ik <sup>een</sup> echt grappig boek had gehad) Nu voelde ik me iets meer een acteur die een glimlach trachtte te vertolken/acteren dan een meevige performer.

Ik had meer van performer dan acteren. Maar ben benieuwd, als deze actie is gezakt, hoe het voelt over een paar dagen, of ik er toch nog meer uit haal dan ik nu vermoed.

Was erg leuk, om in contrast met de andere 2 performances (een duo en een solo), iets met een groep te doen!

→

Oh jee ben vergeten in engels te schrijven.

kern:

performing to laugh about something that is not really funny  
(I had a very dry book about "greek myths") was quite hard for me.  
it made me feel i had to act. Personally i don't like acting, i like performing! But still it was an action i learned from. Was nice to perform in a group.

**Naam performance:** time regained

**Naam deelnemer:** Fang

**Tijd:** 15:30

**Beschrijving** op terras met een boek zitten, elke 30 sec lachen.

In het begin vond ik het ongemakkelijk en voelde het lachen geforceerd. Het werd natuurlijker naarmate er meer performers op het terras kwamen met hun boek. Toen vond ik de situatie grappig en kreeg ik regelmatig de slappe lach. Ik werd vrolijk van de performance, volgens mij had de serveerster het door. Daar kreeg ik een klik mee.