

Finn Melvin Caird: **Dreams**

You as the passerby have stumbled across a dream. In the dream, a group of people are testing to see if they are awake or dreaming. There are 3 of them. They move as a group, but they are unaware of the others. Each is the protagonist of their own dream. They are testing to see if they are awake by looking into mirrors, checking if their reflection is altered, a common 'reality check' for those who lucid dream. They walk as they look in their mirrors.

Manual:

1. This performance takes place at sunrise. The morning is said to be the best time for lucid dreaming, as it works best in the middle of the REM cycle.
2. It requires three volunteers. They have no apparent similarities and differ in age, gender and dress.
3. Each carries a medium size mirror at face level, and looks into it with a vacant expression the entire performance.
4. The three performers walk up and down the street for five or ten minutes.
5. They walk about a foot apart, in a reverse arrow shape.

Nico:

Not quite awake yet, looking in a mirror while walking through the Nieuwstraat; that is like in a dream.

As I walk, my feet find their way. I hear the footsteps of the other two participants. The curve of my cap fits exactly in the shape of the round mirror in my hand.

The early hour means that there are only a few people, except for a few market vendors, who notice us.

The performance evoked memories of a dream I had earlier that night, it gave me time and peace to process it in a nice way.

Naam performance: Finn Melvin Caird / Dreams

Naam deelnemer: Nico Panlewier

Tijd: 5:15 U

Beschrijving

Net wakker per worden en dan in een spiegel kijken en dan door de Nieuwstraat lopen, dat is als in een droom.

Al lopend zoeken mijn voeten de weg en ik hoor de voetstappen van de andere twee deelnemers. De ronding van mijn petje past precies in de vorm van de ronde spiegel.

Het vroege uur op de dag zorgt ervoor dat er weinig mensen op ons drieën letten. Een paar marktlieden zijn al aan het werk, maar hebben geen commentaar.

De performance ~~roept~~^{roept} bij mij wel herinneringen op aan de droom die ik afgelopen nacht had. De rust die de performance uitstraalde gaf genoeg moed om de dag met een goed gemoed te beginnen.

Jello:

The mirror crossed my dreams and my brain was activated by the images.

In the beginning I mainly saw myself, which started to irritate me and I turned my attention to my surroundings.

Walking in pace, without talking, with all the morning noises around us; I experienced as a pleasant, bodily experience.

The quiet morning light was extra nice.

Frans:

We walked in position: like a V, with the tip pointing back.
A mirror in front of our faces.

I kept the mirror in my right hand, a circle.

During our slow synchronized steps, I looked at myself, studied my forehead. I then looked away from my head, at the reflection of the houses. They seemed to move backwards while my head remained stationary.

In the reflection I noticed Jello walking behind me, I watched her eyes.

It was an experience on two levels: on the one hand we went along with the synchronicity of our steps, and on the other we experienced ourselves as from the outside. As if we were other people.

It was a beautiful ritual, this early in the morning.

The walk took 15 minutes.

Naam performance: *Dreams*

Finn

Naam deelnemer: *Frans van Lent*

Tijd: *5.07*

Beschrijving

~~In three positions, like a V, I was the left
in the front. We kept small round mirrors
in front of our faces~~

We liepen in positie, als een V, de punt
naar achteren. Een spiegel voor onze gezichten.
Ik hield hen in mijn rechterhand, een cirkel.
Tijdens de trage, synchrone stappen ~~koken we
haar onszelf en lang~~ keek ik mezelf aan,
bestudeerde mijn voorhoofd, ^{mijn gezicht} Maar ook keek ik
langs mijn hoofd naar de spiegeling van de
huizen. Ik zag Jello achter mij lopen,
leek op haar ogen.

Het was een waarneming op twee niveaus:
enerzijds de synchroniteit in het lopen, de
stappen en anderzijds zagen we onszelf
lopen van buitenaf.

Drachtig ritueel zo roef in de morgen.
De wandeling heen en terug duurde een
kwartier.