

Ed Woodham: Fly

Performer walks slowly along streets and/or sidewalks with both arms stretched out as far as possible – gently flapping up and down. Nine times (every 5 minutes) stop, close eyes, and serenely flap arms. Make random choices to say the word 'fly' or 'ah' either softly or loudly.

Perform twice. Begin at 13:00 and perform for 45 minutes, break for 30 minutes, repeat for 45 minutes. At the end of each of the performances, stand in place, close eyes, and wrap arms around body for 3 minutes and hum 'mmm' to self.

Jolanda:

Starting walking at the beginning of the street immediately made me realize this was a difficult performance to carry out. The action of flapping your arms is taking lots of space around you, so it is hard to not disturb people passing-by. I felt very aware of myself taking the space of making movements that are not usual.

Together with my fellow flyer we agreed on keeping an eye on each other during the action. Sometimes we were far apart and sometimes near. It was a good decision to stay in connection with the other performer to feel safe and to be able to approach the action in a playful way. We made interactions by doing a kind of choreography of movements in space; following the other, one standing still and the other one walking closer or further away, blocking the street by standing next to each other or coping each other in the distance.

In the market street there were lots of reactions; "Did you took a pill?, Do you want to block the street?, Do you want to keep 1,5 meter distance? Why are you doing this?" Sometimes it was to hard not to answer and explain, because people seemed to get angry.

Sometimes I felled freedom in not doing what everyone does, especially when there was some wind or when I saw a bird and walked towards it and I felt a connection, but the bird flew away.

We ended in the park. There the action was more fitting. There were some children that wanted to fly with us. Here was enough space to do the action.

So you need space to fly.

Naam performance: Fly
 Naam deelnemer: Jolanda Jansen.
 Tijd: 45 minuten.
 Beschrijving

~~Very~~ Very difficult to do in public.
 It is not possible to ignore the questions of public. So I explained that it was part of performance art festival.
 Sometimes I had a free feeling and it was nice to connect with birds, more than people.

It was also good to keep connection with the other performer, to make interactions, ~~the~~ kind of ~~kinesthetic~~ choreography of two people in space, connecting and also blocking together.

In the ^{the space} market street lots of reactions, like people thought we were crazy. ~~In the~~ maybe you should take a pill, do you want to block the street, why are you doing this, do you want to keep 1,5 meter distance? ^{Some people copied us.}

In the park it was more fitting. There were children that wanted to fly with us and more other birds.

Emmy:

I was super embarrassed the whole time. The whole performance I felt self-conscious and did not dare to completely submit to the score. The movements I made were toned down and it was out of the question to close my eyes when standing still, let alone say 'ahh' or 'fly'. While walking at the market I got a remark from someone who thought I was on drugs. Many people gave me weird looks and stared. There was an internal dialogue going on inside me all the time and I caught myself finding ways

to do the performance whilst also blending in and not drawing attention to myself. A few times I dared to fully outstretch my arms and that was the moment it felt most natural to utter the word 'ahh'. I never said the word 'fly'. The hug at the end was necessary.

Naam performance: Fly

Naam deelnemer: Emmy

Tijd: 14:00 - 14:45

Beschrijving Walk around with arms outstretched as though you fly. Stop every 5 minutes (9 times) and serenely flap arms. At the end, wrap arms around body and hug yourself.

Notes

I was super embarrassed the whole time. The whole performance I felt self-conscious and didn't dare to completely surrender to the score. The movements toned down and it was out of the question to close my eyes when standing still. While walking at the market I got a remark from someone who thought I was on drugs. Many people gave me weird looks and stared. There was an internal dialogue going on inside me all the time and I caught myself finding ways to do the performance whilst also blending in and not drawing too much attention to myself. A few times I dared to fully outstretch my arms and that was the moment it felt most natural to utter the word 'ahh'. Never did I say the word 'fly'. The hug at the end was necessary.

Paul:

I have read the concept of Fly a few times. But bringing it in practice was not easy and would be confronting because you are behaving weird. During de performance you noticed that keeping your arms stretched for longer than a few minutes is impossible. So we (me an my companion) made fly movements like a bird.

Moving through a crowded place 'flying' is confronting. People are making all kind of remarks. I found fun in hindering people in a way that they can move around you.

Working together with my partner was a joy. She was not shy and had her own interpretation of the performance.

Naam performance: FLY - Edwin Woodman

Naam deelnemer: PAUL VOORS

Tijd:

Beschrijving

I have read the concept a few times. But bringing it in practice is not easy. During the performance you learn keeping your arm stretched for longer than a few minutes is impossible. So I made 'fly' movements. Working together is a great advantage in this performance as it is quite confronting. For me is hindering ~~peop~~ a part of this performance. After some time I found a 'rithem' that I could hold on for longer time. (Ritme)

Malou:

It turned out to be a complicated gig:

1. My shoulders soon started to hurt
2. I could barely empathize with the attempt to fly
3. I was watched very importunately
4. I felt like I was laughing at people with a tic
5. I couldn't escape the performance

Fortunately, we were able to make contact with the black-headed gulls on the market.

Naam performance: Fly

Naam deelnemer: Malou

Tijd: 15:00

Beschrijving

Dit was een heel ingewikkelde performance:

1. Mijn schouders begonnen zeer te doen
2. Ik kon me weinig inleven in het ~~te~~ vliegende zijn
3. Ik werd ongemakkelijk door het bekeken worden.
4. Het leek alsof ik mensen met een tic belachelijk maakte
5. Ik wilde me onttrekken aan de performance door de handelingen & tijdsstructuur

Wat ik er leuk aan vond:

1. Dat er toe contact met mijn medeperformer Emmy, daardoor vield ik me gesteund
2. In contact met de koksmeesters wilde ik graag meevliegen, dat was het enige speelse element & zorgde voor wat plezier